

Commode Chair

These instructions are to be used in conjunction with information from your Occupational Therapist.

WHAT IS A COMMODOE CHAIR?

- A commode chair allows people who have mobility problems to toilet without having to get to the bathroom. This is useful at night.

TO INSTALL:

- Most commodes have adjustable legs. The height should be adjusted to allow the user to sit and stand with ease.
- To adjust the height/leg length, push in the silver button to slide the internal leg piece up and down to the appropriate notch.



HOW TO USE A COMMODOE CHAIR?

- Raise the lid/seat of the commode.
- To sit on the seat move backwards until you can feel the commode behind your legs. Place your hands on the armrests for support then lower yourself slowly down.
- When getting up, lean forward and push up on the arm rests.

MAINTENANCE & CLEANING:

- Ensure that you regularly clean the commode chair and bucket with a mild disinfectant.
- For a standard commode, lift the toilet seat and pick up the bucket/pan using the handle.
- For a swing arm commode, your Occupational Therapist will show you how to swing the metal arm to the side and then pick up the bucket using the handle.
- Should the equipment appear damaged, - **DO NOT USE**. It may require replacing.

PRECAUTIONS & SAFETY:

- Ensure that the commode chair is stable on the floor and cannot slide or tip over.
- Ensure legs of the commode chair are adjusted to the correct height.
- Ensure the toilet paper is situated within easy reach.
- Ensure the bucket is emptied regularly.
- Ensure there is adequate space around the commode chair to enable safe movement on, off and around the commode.